



## FROM THE HEADMASTER



Mr Murray Guest

### Head Injury Testing

As our Director of Co-curricular Activities Will Caldwell explains later in TAS Talks this week, it is expected that all students from Years 5 to 12 will take part in a simple online test to baseline their brain functioning for future reference in the case of a head knock or injury. This information assists medical staff in assessing the impact of concussion in particular and should be seen as an important precautionary measure for every student. It is important that this testing is completed prior to entering the winter sporting season, but it should be remembered that head injury can occur in any sport and that some of the most serious head injuries occur outside of sport, so it is certainly not just for the most competitive sports people.

The test must be completed in a quiet space with full concentration and that means that we are relying on students finding that opportunity themselves. I encourage all parents to speak with their children about completing the test as soon as possible.

### First Leg of the Triple Crown

I offer best wishes to the big TAS contingent that will take part in the annual 2km Coffs Ocean Swim this weekend. As many will know, this is the first leg of the 2018 Triple Crown challenge and a good number of those taking part will have that in their sights. For the benefit of others, the Triple Crown is the initiative of Jim Pennington and brings together the Coffs Swim, Tour de Rocks cycle from Armidale to South West Rocks, the 14km City to Surf run and the 111km Hawkesbury Canoe Classic. To receive the Triple Crown award students must complete at least three of the four legs.

Significant physical and mental challenges such as these fit well with our school belief that we should expect a good deal from our students and that overcoming obstacles is a critical to personal development. That so many put their hand up for these challenges says good things about our student body and their culture of getting involved and having a go and it is right that we celebrate that.

If you click on any Department heading of TAS Talks in the table of contents below you will be able to navigate directly to that page.

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# FROM THE HEADMASTER

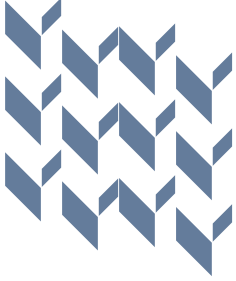
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## **TAS Rugby Carnival**

As we look ahead to the holiday break, preparations are continuing in intense fashion toward our annual Junior Rugby Carnival in just 10 days time. The TASRC this year will again be the biggest rugby carnival for the under 12 age group in the country and it will certainly be our biggest public event of the year. Bringing around 1,000 players, along with thousands of supporters, to the School for two days of rugby requires a huge logistical effort, from the work of our amazing grounds and housekeeping staff who will have the campus looking immaculate to the parents who have volunteered their time and effort to cater to the masses we will feed and, of course, our management team who have been working on the weekend for months. I have no doubt that the result will be both a celebration of all that is good in school sport and a proud moment for the School. For both those things I offer the huge thanks of the School to all who have contributed so much.

***Murray Guest***





### WEEK 10

Thursday 5 April	Year 12 Parent/Teacher Interviews
Friday 6 April	Year 12 Parent/Teacher Interviews
	Opens Cricket Dinner (6.30pm)
Sunday 8 April	Coffs Harbour Ocean Swim

### WEEK 11

Monday 9 April	Headmaster's Country Tour (HMCT) Scone
Tuesday 10 April	HMCT - Tamworth
Wednesday 11 April	Junior School Parent/Teacher Interviews
	Inter - House Cross Country Championships
Thursday 12 April	Junior School Parent/Teacher Interviews
	April Holidays - Classes Conclude
Friday 13 April	Staff Day
	TAS Rugby Carnival
Saturday 14 April	TAS Rugby Carnival
Sunday 15 April	TAS Rugby Carnival

### HOLIDAY ACTIVITIES

Sunday 22 April - 26 April	TAS Young Round Square Conference
	10-12 Year Olds - At TAS
Thursday 26 April	Tour de Rocks

### TERM 2

Monday 30 April	Staff Day
	Boarders Return
Tuesday 1 May	Classes Commence

### Medical Centre Notice

Flu vaccinations have arrived and consent forms are being emailed out to all Parents of Boarding Students. It would be good if we have them returned as soon as possible as we would like to have the majority of students vaccinated before the holidays. That way they return to Boarding in Term 2 with immunity.

*Sr Jenny Murray*

### The Headmaster's Country Tour

Headmaster's Country Tour is in Scone and Tamworth on 9 and 10 April respectively. Current parents are invited to attend drinks with the Headmaster on these days in these locations. Please contact info@as.edu.au for more information.

### Young Regional Round Square Conference

TAS is excited to be hosting this conference commencing Sunday 22 April and finishing on Thursday 26 April, 2018. It is open to Year 5 and 6 students and has the theme 'Humanity in Action - Remembering our Past, Appreciating our Present, Building our Future.'

There will be students attending from other Round Square Schools throughout Australia along with international students, so it will lead to a memorable experience for all involved. Students from TAS will be required to board with the visiting students. We have some interesting guest speakers lined up and activities that will stimulate the students to think about their place in our past, present and future.

All Year 5 and 6 parents and students were emailed the information and application form early in the Term. If you have any questions please email Mrs Brunson, Mr Lloyd or Mr Harrison.

### School Photos

Individual portrait and sibling photo orders arrived at school just prior to Easter.

Thanks to those who collected in the short time available. If you have not yet collected your order from main Reception, then please do so before the end of term. Posting will be charged according to Australia Post rates.

Enquiries should be direct to MSP New England on 6772 3519.

It is not too late to order a set of photos or the Master Class and Year sets, however, there is a \$20 late fee attached to the price that covers individual postage from the lab to school.



**TAS**  
THE ARMIDALE  
SCHOOL

The Headmaster, Mr Murray Guest  
and  
Administrative Commander  
TAS Cadets  
Mr Angus Murray

*invites you to attend*

## TAS ANZAC CEREMONY

*on Adamsfield*

Thursday 3 May 2018  
at 7.00am

### Guest Speaker

Mr Max Tavener  
President, Armidale RSL



### From the Student Travel Office

End of Term 1 and start of Term 2 travel bookings  
Reminder to advise travel@as.edu.au if your plans change.  
Cancellations may be advised right up until the day of travel.  
Boarder's passes for new students have arrived at school.  
Date of departure – Friday 13 April 2018  
Date of return – Monday 30 April  
Times confirmed early in Week 10.  
Tickets will be emailed to both student and carer prior to date of travel.

## P&F ANNUAL GENERAL MEETING

Our next P&F meeting is our AGM. This will be on Wednesday 9 May at 7pm in Lower Maxwell Room. At this meeting all positions on the Committee and The Executive will be declared 'open' and we will vote on the new 2018/19 positions. If you interested in being involved a nomination form can be collected from Reception or downloaded from the P&F webpage.

At the AGM we will also be seeking to ratify a new Constitution- the formal notice is below:

### **The Armidale School Parents and Friends Association Incorporated (a NSW incorporated association number 9878454)**

Notice is given that a special resolution will be proposed at the Association's Annual General Meeting to be held on 9 May 2018. The terms of the resolution (which is intended to be passed as a special resolution) are as follows: "That approval be given for the Constitution of The Armidale School Parents and Friends Association Inc. to be changed by adopting the new Constitution (as tabled at the meeting and initialled by the chair of the meeting for identification purposes), and with the new constitution to take effect on registration under the Associations Incorporation Act 2009 (NSW) following the necessary application."

### **Explanatory Note**

The P&F was incorporated as an association in September 2002. The Associations Incorporation Act 2009 (NSW) is now the legislation governing and regulating the P&F and it took effect on 1 July 2010. Further amendments were made to that Act in September 2016.

That Act requires the Constitution to address 17 certain matters (eg membership qualifications, sources of funds, financial year, etc.) as referred to in Schedule 1 of the Act and it is appropriate to update the Rules to better conform to provisions in the new Act (eg financial reporting).

A new Constitution has been prepared and endorsed by the P&F Committee. The new Constitution is an extensive re-write and modernisation of the constitution. In most areas the wording of the Act's model constitution is being adopted due to its clearer and modern drafting style. The Objects of the P&F will not be changed.

Copies of the new Constitution document as proposed to be adopted by special resolution are able to be downloaded from the P&F page on the School's website [www.as.edu.au](http://www.as.edu.au) or can be obtained by emailing Rachael Nicoll on [nicollfamily1@gmail.com](mailto:nicollfamily1@gmail.com) or telephoning her on 0418 980 662.

Click [HERE](#) for copy of the new Constitution

***Mrs Rachael Nicoll***  
***President***

## TAS RUGBY CARNIVAL

The TAS Rugby Carnival is coming up on Saturday 14 and Sunday 15 April. That is only 10 days away!! This is the biggest event of the year for TAS and the P&F and showcases TAS far and wide – we have approximately 1250 kids, coaches and managers to feed each day – plus their families ... phew!!!

We need your help to make the weekend fabulous... you don't have to have a child playing or be interested in rugby... but if we could have a few hours of your time it would be wonderful... If you can help or bake or both for this event it would be much appreciated.

**Helpers and Community Service volunteers can sign up using the following link:**  
**<http://signup.com/go/UosTCih>**

More information will be sent out through TAS Talks, emails and Facebook in the next few weeks. We will also be having planning meetings so if you would like to be a part of the core team please give me a call on 0418 980 662 or email [nicollfamily1@gmail.com](mailto:nicollfamily1@gmail.com) – our next planning meeting is tonight Wednesday 4 April at 7pm in the Archdall Room.

## Year 12 Parent Teacher Interviews

A reminder that Year 12 Parent Teacher Interviews will be held this week - Thursday 5 April (3.30pm - 6pm) and Friday 6 April (2pm - 5.30pm) in the Memorial Hall.

If you have not received the link and your personal code to login and make your bookings please contact Mrs Vickey O'Brien - 6776 5806 or email vobrien@as.edu.au

Two Parent Information Sessions will also be held on these dates - beginning at 6.15pm on Thursday and a repeat session at 11.45am on Friday.

## Tutoring and Extended Day Program

The library continues to be available for students to use as a working study area and supervision and general support is available for all year groups.

Tutoring also continues this week and next week - timetable below. Tutoring will not run on the last day of term (Thursday 12 April). The Academic Workshops will resume in Term 2.



Mrs Seonia Wark

*Mrs Seonia Wark*

Monday Years 9-10		Tuesday Years 9-12		Wednesday Years 9-12		Thursday Years 9-12	
Library		Library		Library		Library	
7-8pm Workshop Yr 9-10	7-8pm Maths Years 11/12	7-8pm Chemistry Years 11/12	7-8pm Maths Years 9/10	7-8pm Advanced Maths Years 11/12	7-8pm English Years 9/10	7-8pm Maths Years 9/10	7-8pm English Years 11/12
				8-9pm Maths Ext Years 11/12	8-9pm English Years 11/12	8-9pm Mathematics Standard Years 11/12	8-9pm English Years 9/10
8-9pm Workshop Years 11/12	8-9pm Science/Maths Years 9/10	8-9pm Biology Years 11/12	8-9pm Physics Years 11/12				



# ACADEMIC

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## Japan Study Tour 2019

I am pleased to announce the plans for the 2019 Japan Study Tour. The trip involves traveling to various cities and places around Japan for approximately 12 days during the Easter holidays in 2019. The Study Tour is an opportunity for students to practice their language skills and gain an appreciation of the cultural aspects of Japan.

Students currently studying Japanese in Years 8, 9 and 10 and are planning to continue studying Japanese in 2019 are invited to participate on this Study Tour. It is estimated that 15-18 students will participate and at this stage the Study Tour will take place from Friday, 12 April to Friday to 26 April 2018. This trip will take place during next year's course 'Living in Japan' in Semester 1 for Year 9/10 students.

The Study Tour will allow the students to use their language skills in an authentic environment and experience the history, culture and lifestyle of Japan. The previous trip in 2016 was very successful and the students thoroughly enjoyed the experience. At this stage we will be visiting, Tokyo, Kanazawa, Kyoto, Hiroshima, our Sister School Meitoku Gijuku in Kochi, a three day homestay and many other interesting places. We will be having an Information Evening in early Term 2 outlining more details and answering any questions you may wish to ask. If you would like your son or daughter to participate on the Japan Study Tour could you indicate your interest by emailing Mr Allan Moore [amoore@as.edu.au](mailto:amoore@as.edu.au)

If you have any further questions please do not hesitate in contacting me. Looking forward to hearing from you.

**Mr Allan Moore**



Last week, students from Years 6-12 heard from Brett Lee, one of Australia's leading experts on internet safety and the responsible use of technology. Key messages concerned cyberbullying, identity theft, sexting, the law and the internet, and protecting digital footprints, and they form part of an ongoing conversation with all our students at TAS about digital citizenship. Brett's visit is part of a multi-faceted approach to all things related to technology and coincides with a 'Digital Detox' program that many students recently completed through advisor and homeroom periods.

Brett also spoke to staff and parents, and then kindly gave permission for us to film and make public to our community his parent session. The link can be found below:

<https://youtu.be/1dJFhWMOKwE>



Mr Barney Buntine

***Mr Barney Buntine***  
***Director of Pastoral Care***





# ACTIVITIES DAY 3 - CADETS

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## Activities Day 3 (10 April)

Activities Day 3 will be held on 10 April, Tuesday of Week 11. Cadets received a full briefing on their activities and required equipment on Tuesday 3 April.

Cadets conducting an overnight bivouac (6, 7 & 10 Platoons) will camp overnight on the night of 9 April in the vicinity of Mt Duval, and are required to assemble at TAS Adamsfield for parade on Monday 9 April at 3.45pm.

All other cadets will assemble at TAS Adamsfield for parade on Tuesday 10 April at 8.40am.

Activities will cease and cadets released on completion of parade at 3.30pm Tuesday 10 April.

The activities will be conducted as follows:

### A Company

1 Platoon: Kayak touring at Malpas Dam.

2 Platoon: Advanced abseiling at Gara Gorge.

3 Platoon: Mountain Biking, Black Mountain to Armidale via Puddledock.

### B Company

4 Platoon: Kayaking & water activities at Dumaresq Dam.

5 Platoon: Abseiling at Gara Gorge.

6 Platoon: Night harbour and routine in vicinity of Mount Duval. Trek to Dumaresq Dam.

7 Platoon: Night harbour and routine in vicinity of Mount Duval. Trek to Dumaresq Dam.

### C Company

8 Platoon: Navigation & fieldcraft training at Kirby Station (UNE)

9 Platoon: Canoeing activities at Dumaresq Dam.

10 Platoon: Night harbour and routine in vicinity of Peatfield's Overflow. Trek to Dumaresq Dam.

11 Platoon: Canoeing activities at Dumaresq Dam.

Cadets conducting an overnight bivouac (6, 7 & 10 Platoons) should note the below packing list as a minimum. There may be additional equipment required by platoon leaders for cadets. These will have been discussed at activities briefing.

Back Pack (issued)

Compass\*

Spray jacket\* / raincoat\*

Kidney Cup\* (issued)

KFS set\*

Water bottles x 2 (issued)

Towel (small)

Notepad (in plastic bag)\*

Torch + spare batteries\*

Plastic bag for wet gear

Sun screen & insect repellent (tube or roll-on only)

Change of underwear & socks

Toilet bag (toothbrush + paste, baby powder)

Hootchie (issued)

5m hutchie cord/rope\*

Pegs x 4\* (issued)

Ground sheet (issued)

Sleeping bag\* & mat\*

Olive Green thermal or cotton undershirt\*

Jumper (issued)

Wet gear (swimmers, shirt & shorts)

Bush Hat\* (issued)

### \*Available for purchase from TAS Clothing Shop

All members of The Armidale School Cadet Unit (TASCU) will be issued with all required equipment by the TAS Q-Store on joining the unit. If this equipment is lost or damaged, it must be replaced at students' own cost. Many items in the list above can be purchased from the TAS Clothing Shop and have been selected specifically for their suitability for TASCU use and reasonable cost. Clothing that has been outgrown can be replaced at no charge at Q-Store by arrangement with the Quartermaster.

If cadets have questions about their activities, they should in the first instance approach their platoon leader for more information.

**CAPT (AAC) Angus Murray**  
**Commanding Officer Cadets**

## Athletics Wrap Up

Thank you to all staff, students and spectators for making last week's Athletics Carnival such a fantastic event. There were some spectacular individual performances, including a perfect score for Nicholas Makeham and Phoebe Ellis, a new 400m record by Max Rogers and a swag of new records for girls' events (see attached) However, the highlight was the incredible level of participation from both boys and girls. Congratulations to all the Age Champions and Runners Up (see attached) and to Tyrrell House, who won both the overall points score and the points per house member.

For most events the representative season commences in Term 3 with the NCIS Carnival in Coffs Harbour on 15 August and the GPS Championships on 22 September at Homebush.

In the meantime, the TAS Cross Country will be held for the whole school next Wednesday 11 April, commencing with Junior School at 2pm then Middle School at 3pm followed by Senior School at 3:45pm. NCIS Cross Country will be held in Ballina on 19 May. Any enquiries about Athletics or Cross Country should be directed to Mr Pennington (MIC Athletics).

## TASRC

The planning is now in overdrive as we prepare the finishing touches for the TAS Rugby Carnival on 14-15 April. Current interest from the TAS community is encouraging but there are still opportunities to be a part of this event. It is a fabulous showcase of all that is good about TAS and the TAS community. If you are able to help could you please contact Rachael Nicoll at nicollfamily1@gmail.com

## Head Injury Survey/Test

All students from Year 5-12 will conduct an online survey and a baseline test this week. They will receive a link via email that will allow them to access this. Any student who does not receive the link should contact dcc@as.edu.au .

In the case of any head injury students will be assessed for signs and symptoms. These are not always obvious or immediate. By retesting and comparing results to the baseline our medical staff can better assess the injury and refer where necessary.

**Mr Will Caldwell**  
*Director of Co-curricular*



Mr Will Caldwell

## Age Champions

CHAMPIONSHIP	BOY	GIRL
12 & Under Runner Up	Lachlan Gerdes	Eve Johnstone
12 & Under Champion	Max Rogers	Pheobe Ellis
13 Years Runner up	Daniel Morgan	Emily Buntine
13 Years Champion	Toby Michell-Smith	Sarah Skipper
14 Years Runner up	Liam Hunt	Lydie Taylor
14 Years Champion	Isaac Gerdes	Emily Palfreyman
15 Years Runner Up	Ben Burwell	Macey Michell
15 Years Champion	Joe Kermode	Lily Etheridge
16 Years Runner Up	Remy Taylor	Disa Smart
16 Years Champion	Samuel Jones	Lily Neilson
17 Years Runner Up	Hamish Cannington	Lucy Fenwicke
17 Years Champion	Emerson Browning	Emma Ward
Opens Runner Up	Ben Louis	Georgiana O'Brien
Opens Champion	Nicholas Makeham	Charlotte George
Opens 100m Champion	Nicholas Makeham	
Opens 1500m Champion	Nicholas Makeham	
Opens 3000m Champion	Nicholas Makeham	

# Boys Athletics Records to March 2018

AGE GROUP	EVENT	RECORD HOLDER	DATE	RECORD	Weight or Height used	AGE GROUP	EVENT	RECORD HOLDER	DATE	RECORD	Weight or Height used	
<b>12 years &amp; under</b>	100 metres	Simon Haron	2003	12.7 sec		<b>16 years</b>	100 metres	Charles Lockyer	2006	11.25 sec		
	200 metres	Simon Haron	2003	27.8 sec			200 metres	Simon Haron	2007	22.95 sec		
	400 metres	Max Rogers	2018	1.07.84			400 metres	Nicholas Makeham	2016	52:32 sec		
	800 metres	Joe Makeham	2009	2.28.68			800 metres	David Toppin	1964	2.10.60		
	1500 metres	Joe Makeham	2009	5.15.59			1500 metres	Luke Bookallil	1985	4.10.40		
	High jump	R Macready	1990	1.56 m			High jump	Sam Cameron	2004	2.03 m		
	Long jump	Simon Haron	2003	4.79 m			Long jump	Sam Cameron	2004	6.55 m		
	Triple jump	James Perrett	2003	8.75 m			Triple jump	Paul Taber	1970	12.39 m		
	Shot put	Will Brissett	2010	9.17 m	3 kg		Shot put	Will Brissett	2014	13.22m	5 kg	
	Discus	Nicholas Ward	2013	30.50m	750 gm		Discus	Nicholas Ward	2017	44.99m	1 kg	
Javelin	Tom Allsop	1999	24.00 m	700 gm	Javelin	David Rice	2006	47.28m	700 gm			
<b>13 years</b>	100 metres	Simon Haron	2004	11.86 sec		<b>17 years</b>	100 metres	Luke O'Donoghue	2013	11:01sec		
	200 metres	Simon Haron	2004	24.34 sec			200 metres	Luke O'Donoghue	2013	22.52sec		
	400 metres	Huw Knox	2011	59.15 sec			400 metres	Calem Lukeman	2006	50.46 sec		
	800 metres	Huw Knox	2011	2.11.50			800 metres	Daniel l'Ons	2005	2.10.10		
	1500 metres	Joe Makeham	2010	4.36.90			1500 metres	Joe Makeham	2014	4.12.90		
	High jump	Sam Cameron	2001	1.71 m			High jump	Sam Cameron	2005	2.06 m		
	Long jump	Sam Cameron	2001	5.22 m			Long jump	Cameron Blair	1988	6.54 m		
	Triple jump	Tannoy Lai	2002	10.62 m			Triple jump	Craig Morrison	1987	12.87 m		
	Shot put	Iain Hall	2000	11.69 m	3 kg		Shot put	Nicholas Boulus	2010	13.72 m	5 kg	
	Discus	Henry Coldham	2011	33.51m	1 kg		Discus	A Hutton	1985	38.31 m	1.5 kg	
Javelin	Tom Chamberlain	2003	31.04 m	600 gm	Javelin	Peter Cox	1977	48.99 m	700 gm			
<b>14 years</b>	100 metres	Simon Haron	2005	11.55 sec		<b>18 years &amp; over</b>	100 metres	Cameron Blair	1989	10.8 sec		
	200 metres	Simon Haron	2005	24.15 sec			200 metres	Luke O'Donoghue	2014	22.52 sec		
	400 metres	Huw Knox	2012	52.61 sec			400 metres	Frank White	1980	49.10 sec		
	800 metres	Huw Knox	2012	2.00.40			800 metres	Jono Brims	1998	1.56.23		
	1500 metres	Joe Makeham	2012	4.26.20			1500 metres	Joe Makeham	2015	4.12.23		
	High jump	Sam Cameron	2002	1.88 m			High jump	Sam Cameron	2006	1.95 m		
	Long jump	Tim Williams	2004	5.48m			Long jump	Cameron Blair	1989	6.94m		
	Triple jump	R Donoghue	1987	11.29 m			Triple jump	Craig Morrison	1988	13.11 m		
	Shot put	Harri Jackson	2013	11.26m	4 kg		Shot put	Nick Boulus	2011	12.63m	6 kg	
	Discus	Nicholas Ward	2015	35.87m	1 kg		Discus	David Brain	2001	43.48 m	1.5 kg	
Javelin	Nicholas Ward	2015	38.20m	600 gm	Javelin	Andrew Hempel	1985	50.69 m	700 gm			
<b>15 years</b>	100 metres	Simon Haron	2006	11.24 sec		<b>Open</b>	3000 metres	J C Winter	1983	9 min 18.0 sec		
	200 metres	Simon Haron	2006	23.12 sec								
	400 metres	Sam Coupland Lachlan Knowles	1987 2015	52.99 sec								
	800 metres	Huw Knox	2013	2:02:49								
	1500 metres	Joe Makeham	2012	4.19.10								
	High jump	Sam Cameron	2003	1.91 m			<b>Relays</b>	Sub-Junior Relay	White House	1972	52.5 sec	
	Long jump	Sam Cameron	2003	6.01 m				Junior Relay	Abbott House	1972	47.4 sec	
	Triple jump	Sam Cameron	2003	12.58 m				Senior Relay	Broughton	1979	44.5 sec	
	Shot put	Will Brissett	2013	13.86m	4 kg							
	Discus	Nicholas Ward	2016	46.60m	1 kg							
Javelin	M Bartholomew	1995	40.74 m	700 gm								

# Girls Athletics Records to March 2018

AGE GROUP	EVENT	RECORD HOLDER	DATE	RECORD	Weight or Height used	AGE GROUP	EVENT	RECORD HOLDER	DATE	RECORD	Weight or Height used
<b>12 years &amp; under</b>	100 metres	Phoebe Ellis	2018	16.16		<b>16 years</b>	100 metres	Lily Neilson	2018	13.14	
	200 metres	Ruby Straker	2017	35.44			200 metres	Lily Neilson	2018	28.84	
	400 metres	Phoebe Ellis	2018	1.28.25			400 metres	Lily Neilson	2018	1.05.40	
	800 metres	Eliza Crawford	2017	3.28.21			800 metres	Lily Neilson	2018	2.41.66	
	1500 metres	Isabel Newton	2016	6.49.19			1500 metres	Disa Smart	2018	5.32.20	
	High jump	Madi Nicholls	2018	1.14m			High jump	Emma Ward	2017	1.50m	
	Long jump	Phoebe Ellis	2018	2.90m			Long jump	Lucy Fenwicke	2017	3.68m	
	Triple jump	Phoebe Ellis	2018	6.56m			Triple jump	Lily Neilson	2018	7.66m	
	Shot put	Phoebe Ellis	2018	6.00m	2kg		Shot put	Lily Neilson	2018	8.46m	3kg
	Discus	Phoebe Ellis	2018	14.82m	750g		Discus	Lily Neilson	2018	18.51m	1kg
	Javelin	Ruby Straker	2016	8.55m	400g		Javelin	Disa Smart	2018	17.90m	500g
<b>13 years</b>	100 metres	Holly Crawford	2018	15.72		<b>17 years</b>	100 metres	Charlotte George	2017	14.86	
	200 metres	Emily Palfreyman	2017	36.59			200 metres	Charlotte George	2017	31.72	
	400 metres	Sarah Skipper	2018	1.14.31			400 metres	Sohie Barr	2017	1.11.75	
	800 metres	Emily Buntine	2018	2.59.40			800 metres	Treenie Osborne	2016	2.56.88	
	1500 metres	Emily Buntine	2018	6.05.22			1500 metres	Treenie Osborne	2016	6.18.08	
	High jump	Eliza Ward	2016	1.51m			High jump	Emma Ward	2018	1.40	
	Long jump	Alexandra Donoghue	2018	3.35m			Long jump	Georgiana O'Brien	2017	3.76m	
	Triple jump	Eliza Ward	2016	7.80m			Triple jump	Georgiana O'Brien	2017	7.95m	
	Shot put	Jordyn Melville	2017	6.43m	3kg		Shot put	Olivia Fenwicke	2016	7.48m	3kg
	Discus	Bella Herd	2018	16.12	750g		Discus	Treenie Osborne	2016	17.70m	1kg
	Javelin	Hannah Neilson	2016	11.11m	400g		Javelin	Kaliya Alldridge	2016	16.63m	500g
<b>14 years</b>	100 metres	Lily Etheridge	2017	14.61		<b>18 years &amp; over</b>	100 metres	Charlotte George	2018	14.85	
	200 metres	Eliza Ward	2017	31.72			200 metres	Charlotte George	2018	32.25	
	400 metres	Eliza Ward	2017	1.06.44			400 metres	Charlotte George	2018	1.16.25	
	800 metres	Eliza Ward	2017	2.36.41			800 metres	Charlotte George	2018	2.59.19	
	1500 metres	Eliza Ward	2016	5.46.69			1500 metres	Treenie Osborne	2017	6.20.37	
	High jump	Eliza Ward	2017	1.52m			High jump	Holly Tearle	2016	1.35m	
	Long jump	Lily Etheridge	2017	3.76m			Long jump	Georgiana O'Brien	2018	3.84m	
	Triple jump	Eliza Ward	2017	8.00m			Triple jump	Georgiana O'Brien	2018	8.06m	
	Shot put	Disa Smart	2016	7.24m	3kg		Shot put	Olivia Fenwicke	2017	6.37m	4kg
	Discus	Hayley Whitehill	2017	14.23	1kg		Discus	Kaliya Alldridge	2017	19.34m	1kg
	Javelin	Chloe Lawson	2016	15.38m	400g		Javelin	Kaliya Alldridge	2017	18.07	600g
<b>15 years</b>	100 metres	Piyumi Ekanayake	2018	13.75		<b>Open</b>					
	200 metres	Piyumi Ekanayake	2018	28.50			3000 metres	Disa Smart	2018	12.05.53	
	400 metres	April Johnson	2018	1.05.04							
	800 metres	Lily Neilson	2017	2.51.12							
	1500 metres	Lily Neilson	2017	5.39.43							
	High jump	Dominique Holley	2016	1.35m							
	Long jump	Lily Etheridge	2018	4.02m							
	Triple jump	Lily Etheridge	2018	7.79m							
	Shot put	April Draney	2018	10.54m	3kg						
	Discus	April Draney	2018	26.38m	1kg						
	Javelin	Lily Neilson	2017	16.01m	500g						

# CO-CURRICULAR REPORTS

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## CIS Hockey trials 2018

Three TAS students recently represented NCIS at the CIS trials in Sydney. Lily Etheridge, Hannah Neilson and Lily Neilson all played exceptionally well in a tough try out.

Congratulations to Lily Neilson who was selected in the NSW CIS team to compete at the NSW All Schools carnival in Term 2.

Well done to our Hockey girls.

**Mr Mike Ball**



## Mountain Biking

With the 2017/18 mountain bike season coming to a close at TAS, we are fortunate to have a report from mountain biking co-captain Angus Apps. Angus raced in the last two rounds of the National Cross Country Series held at Mt Stromlo, Canberra from the 23 -25 March. Angus's report can be read on the next page.

Congratulations must go to Angus for competing in every national series race and placing 9th at the end of the series amongst a very strong field of under 19 men. Congratulations also to the other students who raced in the national series rounds, and to all mountain bikers for contributing to another great season of mountain biking at TAS. Thank you to all coaches and parents for your support throughout the season. There are a couple of school MTB events held over Term 2 and 3 - more details will follow closer to the date. Until then, best wishes to all students during your winter sport season.



**Mrs Jo Benham**

# CO-CURRICULAR REPORTS

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## Mountain Biking Cont..

### National Series

The National Series rounds in Canberra have just finished and they were the conclusion of the 2018 MTBA XCO National Series. I was the only TAS student at the race but there were a number of other TAS students that raced throughout the series. These were:

Harry Graham

Duncan Chalmers

Sam King

Joe Kermod

Archie Chick

Hamish Chalmers

Archi Lawrence

Fletcher Jackson

Here is a link to the final series results:

<https://www.mtba.asn.au/wp-content/uploads/2018-XCO-MTBA-Series-Round-8-Final-Series-Results.pdf>

As for the tracks in Canberra, Day One's track was probably the hardest of the season. It started with a gradual climb into an open fire road then down a flowy section and then onto another gradual fire road climb that went for more than half a kilometre. This led into the hardest climb of the series appropriately named 'Cardiac Arrest' that broke the field apart leaving many climbing up alongside their bikes. At the top of the climb we were faced with a technical A-line called 'Hammerhead' that is similar to Mars Attack but consists of three consecutive drops around a steady left hand corner before coming to 'The Three Sisters' that were another three drops (someone broke their leg on this feature in the race). A final rough and multi-lined descent ended the lap. We did this four times in the U/19s.

Day Two's track was not as technical but consisted of a solid 10 minute climb followed by a flowing descent. The climb started off gradual before opening up to a few fire roads where the attacks and pace picked up. Towards the top of the climb, 'Heart Breaker', the climb really kicked up and seriously got the heart rate up and the legs burning. At the end of the climb the track opened up to a 4-wheel drive track where more attacks occurred before finally getting onto the beginning of the down hill track (part of the 2009 DH World Champs track) then finishing on a flowy descent and brutal fire road into the finish line. The weather for this race was terrible with a looming storm and really strong headwinds for the fire roads. Each track included over 200 vertical metres of climbing per lap.

### *Angus Apps*

#### *Mountain Biking Co-Captain*



**Angus Apps competing in the final two rounds of the 2018 National Series XCO series held at Mt Stromlo, Canberra**

# CO-CURRICULAR REPORTS

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## Rugby

I would like to extend a huge welcome to all students and parents that will be involved in the 2018 Rugby program at TAS.

This season like all others, will be very busy and rewarding. Mr Caldwell, myself and all staff in the rugby program would like to extend a warm welcome to you all.

For any students who are a little unsure about this year's dynamics and direction, hopefully this will clarify what this season will hold.

Our aim will be to help students and staff manage time well during the week to minimise stress on both students and staff over the weekend.

## Aims

- Teams will be home as early as possible
- Sydney games depart 2pm Friday (3pm for Years 11 and 12) - return ASAP Saturday
- Games venues and timings are shown on the schedule attached.

Attached below is this year's draw, I would encourage you to mark these dates into your diary, calendar or school planner. Any further questions please email me on [tcurrell@as.edu.au](mailto:tcurrell@as.edu.au)

**Mr Todd Currell**

**MIC**

## Rugby Schedule 2018

	<b>Opposition</b>	<b>Venue</b>	<b>Time Out</b>	<b>Time In</b>
5 May 2018	Kinross Wolaroi	Coonabarabran	6am	7pm
11 May 2018	Farrer	TAS		
12 May 2018	Grammar	TAS		
19 May 2018	Cranbrook	TAS		
26 May 2018	St Greg's	Campbelltown		
1-2 June 2018	Scots	Scots	2pm Friday	9pm Saturday
15 - 16 June 2018	Riverview	Riverview	2pm Friday	9pm Saturday
22- 23 July 2018	SBHS	TAS		
27 - 28 July 2018	St Joseph's College	Joey's	2pm Friday	9pm Saturday
3-4 August 2018	Grammar	Grammar	2pm Friday	9pm Saturday
11 August 2018	Kings	TBC		
18 August 2018	Shore	TBC		

## Activities Day Tuesday 10 April

We're about to embark on our last day for Activities for the term. It's the third of course, so all students will be fully informed about their particular activities for next Tuesday. We've been lucky with weather thus far and all reports, at least at this stage, suggest that the day will be pleasant at the very least! Even if it isn't amazing, it'll be exciting nonetheless – it's Week 11 and this means the break is literally days away.

The term has been long, busy and for so many, very different from 'usual practice'. It's high time for a break from what has now become normal school routine. There's plenty of opportunity for students to be at home, to relax, to reflect and to recharge (well, some alliterative quality here).

If they mention things that concern them, things we need to know about, please encourage them to speak to us, or simply tell us yourselves. Communication channels aren't actually channels if we don't communicate effectively.

- Photos are with Homeroom teachers. They're good ones this year as well, so please check with your children that they're collected before the term break.
- The following students will be in Beijing for Round Square for the first part of the break:  
Jordyn Melville  
Flynn Newberry  
James Phelps

Needless to say perhaps, but all students go with our best wishes for real success and enjoyment of their time away. They are very lucky to be at TAS – so many experiences are available to our people.

## Athletics Carnival

It's done for another year and it was excellent. While I didn't have opportunity to talk to as many of you as in past years, I did see you and you looked happy enough. The Carnival was so well organised by Mr Will Caldwell and Mrs Rachael Edmonds that its management and operation appeared seamless.

Congratulations to all students and staff and, on your behalf, special thanks go to Mr Caldwell and Mrs Edmonds.

**Mr Mark Harrison**  
**Head of Middle School**



Mr Mark Harrison





## NE Sings

### Sunday 21 October

Every two years, The New England Conservatorium of Music hosts a wonderful event called New England Sings. It is a mass choral performance which features over 800 students from our local schools. This highly awarded event will have two works commissioned by the leading Australian composers Dan Walker and Felix Reibel and both will be attending workshops leading up to the event. The New England Sings Concert is held on the first weekend of Term 4 and as a School, as we have done since its inception we will be attending with our Year 3-5 choir. While final details are yet to be determined (including which Primary Choir we join), the following times indicate the commitment for the weekend.

### Final Rehearsal

Date: Saturday 20 October

Time: Primary Choir 1 - 9.30 - 11.00am

Primary Choir 2 - 11.30 - 1.00pm

Venue: Lazenby Hall, UNE

### Concert

Date: Sunday 21 October

Time: Primary Choir 1 - 11.00am - 1.00pm ( Arrive at 10.15am)

Primary Choir 2 - 2.30pm - 4.00pm ( Arrive at 1.45pm)

Venue: Lazenby Hall, UNE

Please place this date in your diaries and we will send through more details as they become available. Please do not hesitate to contact us in the meantime for further information.

### Eisteddfod

I am very pleased that 20 of our Year 4 and 5 students have chosen to participate in individual events in the Eisteddfod that include Prepared Speech, Verse Speaking (Solo) and Prose Recital. This continues to be a really pleasing development for those students who are keen to challenge themselves in this arena. I look forward to them working with Mrs Leasa Cleaver as they prepare and look forward to hearing about their experiences.

### Arrangements for the End of Term

Please read the dates for the end and beginning of term carefully and contact us with any questions. Thursday 12 April is the last day of classes, with Friday being a staff only day. The School will be closed to students as it will be on Monday April 30, which is another Staff Day at the beginning of Term 2. Students return to class on Tuesday 1 May.

**Mr Ian Lloyd**

**Head of Junior School**



Mr Ian Lloyd

### Uniform in Term 2

With the unpredictable nature of the weather at the beginning of Term 2, as with all seasonal change it is acceptable to wear either summer or winter uniform until week 3 of Term 2, if required. From Week 3, all students should wear the standard winter uniform.

### School Spirit Award Recipients – Week 9

Congratulations to the following students for receiving School Spirit Awards at last week's assembly: Austin Pease, William Cooper-Fillios, Tom Rowe, Minnie Chick, Alexander Dell, Sam Ford, Aziz Binmahfod, Andrian Zhang and Ava Watts.



### Scholastic Brochure

Thank you to all parents who have been ordering from the Scholastic brochures. The response has been fantastic, and has earned us a number of rewards to purchase new books and resources. Orders from the latest brochure (no. 2) should be placed through the Scholastic LOOP order website by next Thursday 5 April, 2018.

Please follow the instructions on the order page in the brochure, or follow the prompts on the website. Should you wish to pay by cheque, please place your cheque and order form in an envelope in the red letter box at the Junior School office. Should you need any assistance, please contact me on [nramazan@as.edu.au](mailto:nramazan@as.edu.au).

***Mrs Ramazani***  
***Library Assistant***

#### WEEK 10

Wed 4 April

Transition Assembly - Hoskins Centre 2.45pm

#### WEEK 11

Wed 11 April

Parent Teacher Interviews

Thurs 12 April

Parent Teacher Interviews

Classes Conclude for Term 1

Frid 13 April

Staff Day

### Term 2

#### WEEK 1

Mon 30 Apr

Staff Day - No school for students

Tue 1 May

Classes Resume

ICAS Science Exam

Wed 2 May

No Assembly

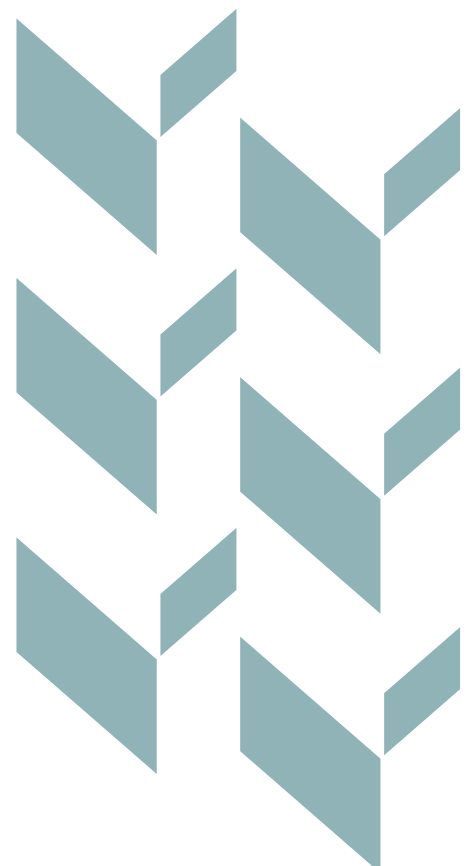
#### WEEK 2

Wed 9 May

Assembly - Hoskins Centre 2.45pm

### Happy Birthday

Happy Birthday to the following students who celebrate their birthdays this week: Joshua Bourke, Ella Crosby, Lachlan Hunter, Tom McKern and Peter Thompson.





**Holiday borrowing from the library**

The coming holidays are the ideal time for children to catch up on reading. Please note that children are able to borrow their usual 2 books from the library for the holidays without a permission note but if they would like to borrow 3 to 6 books parents need to sign the permission note that is attached to this newsletter and hand it in to the library or email the library at [library@as.edu.au](mailto:library@as.edu.au)

-----Please return signed note to Library -----

**Permission to borrow library books during the holidays**

I give permission for my child

.....  
in Year ..... to borrow 3 to 6 books from the TAS library during the holiday period and will return these books in good condition in the first week of Term 2, 2018.

Should the books not be returned, or are returned damaged, I agree to the purchase cost of the replacement books being charged to my child’s school account.

Signed ..... Date .....

*"Students cannot possibly learn everything of value by the time they leave school, but we can instill in them the desire to keep questioning throughout their lives."* Grant Wiggins and Jay McTighe, Understanding by Design, 2004

This week will focus on one of many inquiry cycles, which has been researched and published by Kath Murdoch.

## What is an inquiry cycle?

Many cycles or processes have elements that are key to a quality inquiry, such as, the traits for writing, or, the elements of music for composition. As inquiry is an active present verb, it is also important to plan for inquiry where students are actively connecting and thinking within the discipline(s). For example, students should not only study scientists and their discoveries, but also experience BEING a scientist to make his or her own discoveries.

The Kath Murdoch inquiry cycle model has the following key aspects in bold with a student friendly descriptor provided.

## Tuning In

- Prior knowledge-essential in order to establish planning of the unit
- Formulating questions about the big issue being explored

## Finding Out

- Finding resources to answer inquiry questions
- Collecting data

## Sorting Out

- Making sure data is a treasure
- Organising data into a user friendlier manner

## Going Further

- Summarising data-what can be learnt from the data collected?
- Thinking about how to present data
- Making sure you have enough research

## Making Conclusions

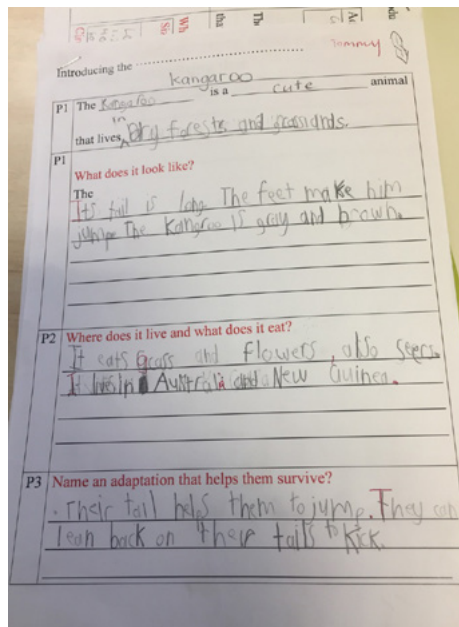
- Sharing why data is important
- Who is your audience
- Present your knowledge
- Assessing your work

## Taking Action

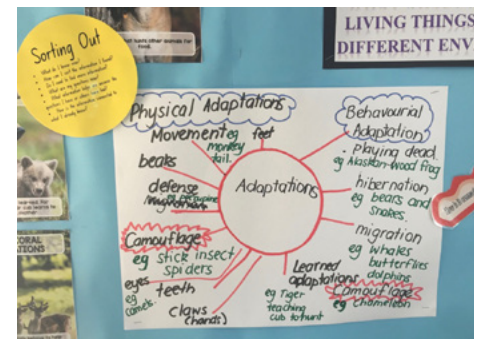
- Reflecting on what you have learned
- Thinking about how you will use what you have learned.

*"Inquiry is the dynamic process of being open to wonder and puzzlements and coming to know and understand the world."* Galileo Educational Network, 2004

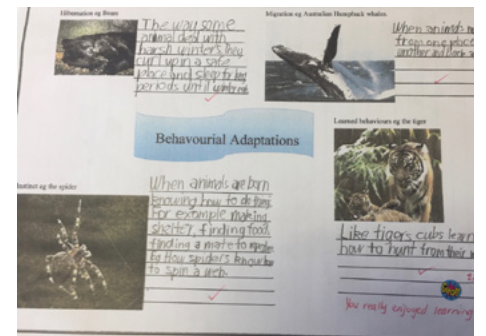
**Mrs Veronica Waters**  
**PYP Coordinator**



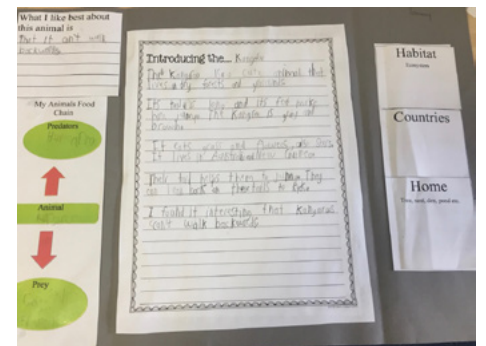
Year 3 take investigating further and inquire into an animal that they have 'big questions' about.



Year 3 'Tune In' and 'Sort Out' what they know about adaptations



Year 3 'Find Out' about behavioural adaptations



Year 3 Collect, Analyse and Think About to present their findings creatively.



### Junior School Athletics Carnival Results

A wonderful day was had last week as our Junior School children enjoyed their annual Athletics Carnival. Thank you to the many parents and friends who helped to make our day so successful.

Thank you also to the many children who eagerly and excitedly participated in many events on the day. The enjoyment from the novelty events to the more arduous races was evident on many little faces!

#### Official results from the day are as follows:

5 years girl champion: Josie Buntine

5 years boy champion: James Taylor

6 years girl champion: Grace Ryan

6 years boy champion: Baxter Carruthers

7 years girl champion: Marvelous Agbasale

7 years boy champion: Oliver Robb

8 years girl champion: Izzie Glover

8 years boy champion: Arthur White

9 years girl champion: Katie Hynes

9 years boy champion: Hugo Broun

10 years girl champion: Charlie Ward

10 years boy champion: Blake Whitehill

11 years girl champion: Millie Coupland

11 years boy champion: Sam Strelitz

#### Division Results:

Sub-Junior Boy: Baxter Carruthers

Sub-Junior Girl: Grace Ryan

Junior Boy: Arthur White

Junior Girl: Izzie Glover

Intermediate Boy: Hugo Broun

Intermediate Girl: Katie Hynes

Senior Boy: Sam Strelitz

Senior Girl: Millie Coupland

Senior Girls Long Jump ( Old record 3.24m  
2001) New Record 3.28m: Millie Coupland

Highest Point score – girl: Millie Coupland

Highest Point score – boy: Arthur White

House Champion: 1st Ross - 1568

2nd Green – 1458

3rd Broughton – 1430

#### *Mrs Christine Wright*





# ROSEMARY LEITCH AYO GARDEN PARTY

10:30am Sunday 8 April 2018

A morning of beautiful music from the Armidale Youth Orchestras in the magnificent garden of Chevy Chase. Lunch and one free drink is provided. Cash bar available.



Catering by Bistro on Cinders  
Thanks to Armidale High School, PLC and TAS

Chevy Chase, 643 Dangarsleigh Road, Armidale  
TICKETS: [www.trybooking.com/UEXS](http://www.trybooking.com/UEXS)  
Adult: \$45 • Pensioner \$30 • Child \$20



**REGISTER ONLINE FOR AUSKICK**  
**[aflauskick.com.au](http://aflauskick.com.au)**

**5 - 12 year old boys and girls**

**Registration fee \$85**

**Season starts Saturday 5 May**  
**12.30 - 1.45pm at Bellevue Oval, UNE**

**ENQUIRIES: Rachel, Coordinator**  
**[armidaleauskick@gmail.com](mailto:armidaleauskick@gmail.com) 0400 663 071**

