

# Concussion Workshop

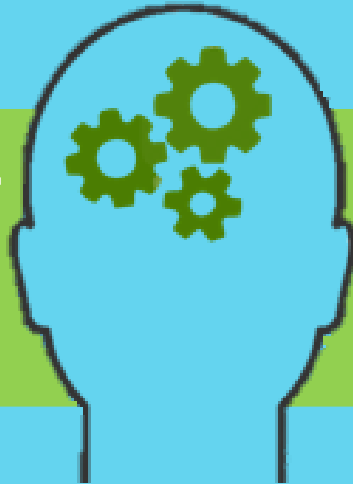
for Coaches, Athletes, Parents & Teachers

Date - Tuesday 29<sup>th</sup> Oct

Address - 214 Rusden St

Time - 5:30 - 6:30 pm

Cost - FREE



As a coach, athlete, parent or teacher, your understanding of concussion is critical in identifying and managing concussion safely and in helping athletes and students recover successfully upon their return to normal life and sport.

**Concussion 101**

**Injury recognition  
and management**

**Return to  
Work/School/Sport**

**Take home  
information charts**

Presented by our  
**Exercise Physiologists & Physiotherapists**



**Bookings essential**  
Call 6772 1962 to  
secure your spot